**Personal cyberhygiene Audit**

**Passwords and Authentication**

My password are strong,unique but not regularly updated..I do not use password manager but I do enable multi-factor authentication(MFA).

**Device Security**My devices are not protected by updated antivirus software and firewall

I do not keep my operating system,smartphone and software/applications uptodate.Social Media Privacy.My social media profiles are configured for maximum privacy.I'm not currently oversharing personal information and i do regular review on my privacy settings.**Email Practice**I do recognize and avoid phishing attempts.I verify email source through email filtration or sometimes call the person to confirm.When I see suspicious lines, i do block the email source or flag it..**Data Backup**I do rarely back my data up

I do not encrypt my data.Assessment of current PracticesMy currentnPractices are fair to an extent,I think i need to improve some certain things likeRegular updates make use of passwordnmanager and install antivirus software and firewall.**Risk Analysis**The potential risk posed by my current habits are:Phishing and Smishing: My data might be attacked because lack of password manager andlack of use of updated antivirus software and firewall..Malware: My security might be attacked by cyber criminals through the use of malware because I do not frequently update my operating system,smartphone and software applications.Insiderthreat: My data might be hacked through insider threat because of my lack of use of data encryption.The risk of malware,phishing and smishing,and insider threat are data breaches, identity theft,financial loss, operational disruption, intellectual property theft, system compromise,unauthorized access to sensitive information and reputational damage.**Action Plan**I will have to improve my personal cyberhygiene on password and authentication,devicesecurity,and data backup.I will make use of password manager and updated antivirus software and firewall to protect mydata from phishing and smishing. I will update my operating system and software applications up todate to mitigate malware and encrypt my data to mitigate insider threat.**Monitor and Review**I will track and assess the effectiveness of my improved practices by carefully following the new policy I'm adopting.I will re-evaluate the new cyber hygiene periodically by jotting down in a book and re-acess after every week.